

The Open University of Sri Lanka
Faculty of Health Sciences - Department of Psychology and Counselling – BSc. (Honors) in Psychology Programme
Academic Year –2025/26 – Semester I
Final Timetable

Level 3 – 1st Semester Courses

PLU3301 – Introduction to Psychology
PLU3205 – Academic Writing in Psychology
PLU3206 – Communication & Study Skills
PLU3303 – Motivation & Emotion
PLU3307 – Lifespan Development

Level 5 – 1st Semester Courses

PLU5301– Psychology of Adolescence
PLU5303 – Learning theory & Behavior Modification
PLU5305 – Advanced Research Methods & Statistics in Psychology
PLU5306 – Clinical Psychology
PLU5309– Consumer & Media Psychology (Optional)
PLU5310 – Neuropsychology (Optional)

Level 4 – 1st Semester Courses

PLU4301– Child Psychology
PLU4302 – Abnormal Psychology
PLU4304 – Brain & Behaviour
PLU4306 –Schools of Thoughts in Psychology
PLU4310– Educational Psychology

Level 6 – 1st Semester Courses

PLU6303 – Applied Psychology
PLU6306 – Current Trends in Psychology
PLU6307 – Behavioural Genetics (Optional)
PLU6310 – Psychology of Addiction (Optional)
PLU6901– Research Dissertation

Abbreviations

DS – Day School

CA – Continuous Assessment

OCAM –Overall Continuous Assessment Mark

FE – Final Examination

December – 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Unduvap Full Moon Poya Day	5	6
7	8	9	10	11	12	13
14	15 Commencement of Activities 2025/2026 Semester I PLU 3301 DS 1 8.00 AM – 10.00 NN PLU 5303 DS 1 8.00 AM – 10.00 AM PLU 6303 DS 1 10.30 AM – 12.30 PM PLU 6307 DS 1 1.30 PM – 3.30 PM	16 PLU 4310 DS 1 9.00 AM – 11.00 AM PLU 5301 DS 1 9.00AM – 11.00 AM PLU 5306 DS 1 1.30 PM – 3.30PM PLU 4302 DS 1 11.30 AM – 1.30 PM	17 PLU 3205 DS 1 9.00 AM – 11.00 AM PLU 4301 DS 1 11.00 AM – 1.00 PM PLU 5309 DS 1 1.00 PM – 3.00 PM PLU 6310 DS 1 11.00 AM – 1.00 PM PLU 5305 DS 1 9.00 AM – 11.00 AM	18 Arrival of APA Delegates	19 Christmas Celebration	20

21	22 PLU 4306 DS 1 1.00 PM – 3.00 PM PLU 3301 DS 2 8.00 AM – 10.00 AM PLU 3307 DS 1 11.00 AM – 1.00 PM PLU 6303 DS 2 10.30 AM – 12.30 PM	23 PLU 3303 DS 1 9.00 AM – 11.00 AM PLU 6306 DS 1 10.00 AM -12.00 NN PLU 5310 DS 1 1.00 PM – 3.00 PM PLU 4302 DS 2 1.00 PM – 3.00 PM	24 PLU 3307 DS 2 10.00 AM – 12.00 NN	25 Christmas Day	26	27
28	29 PLU 3206 DS 1 1.00 PM – 3.00 PM PLU 5301 DS 2 11.00 AM – 1.00 PM PLU 4304 DS 1 9.00 AM – 11.00 AM PLU 4310 DS 2 11.00 AM – 1.00 PM	30 PLU 3205 DS 2 10.00 AM – 12.00 NN PLU 5303 DS 2 10.00 AM – 12.00 NN PLU 4301 DS 2 1.00 PM – 3.00 PM PLU 5305 DS 2 11.00 AM – 1.00 PM	31 PLU 3206 DS 2 10.00 AM – 12.00 NN PLU 3303 DS 2 1.00 PM – 3.00 PM PLU 4306 DS 2 8.00 AM -10.00 AM PLU 6310 DS 2 11.00 AM – 1.00 PM			

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 PLU 6306 DS 2 1.00 PM – 3.00 PM PLU 4304 DS 2 1.00 PM – 3.00 PM PLU 5309 DS 2 10.00 AM - 12.00 NN	2 PLU 6307 DS 2 9.00 PM – 11.00 AM PLU 5310 DS 2 9.00 AM – 11.00 AM PLU 5306 DS 2 1.00 PM – 3.00 PM	3 Duruthu Full Moon Poya Day
4	5 NBT EXAM Period START PLU 4310 CA 1 (Group PPT) 9.00 AM Onwards	6 PLU 3301 NBT 9.00 AM-10.30 AM PLU 5301 NBT 11.30 AM -1.00PM	7 PLU 4306 NBT 9.00 AM – 10.30 AM PLU 5306 NBT 11.30 AM – 1.00 PM	8 PLU 3205 NBT 9.00 AM -10.30 AM PLU 4302 NBT 11.30 AM -1.00 PM PLU 6310 NBT 1.00 PM – 2.30 PM	9 PLU 4301 NBT 9.00 AM -10.30 AM PLU 3303 NBT 11.30 AM – 1.00 PM	10
11	12	13 PLU 5310 NBT 9.00 AM – 10.30 AM PLU 4304 NBT 2.00 PM – 3.30PM	14 PLU 3307 NBT 9.00 AM -10.30 AM PLU6307 NBT 12.00 PM -1.30 PM PLU5305 NBT 2.30 PM- 4.00 PM	15 Tamil Thai Pongal Day	16	17

18	<p>19</p> <p>PLU5309 CA I (Individual PPT) 9.00 AM Onward</p> <p>PLU 6901 CA I Research synopsis submission 4.00 PM</p>	20	<p>21</p> <p>PLU 5303 CA I (Individual PPT) 9.00 AM Onward</p> <p>PLU 3206 CA I (Group PPT) 9.00 AM Onward</p> <p>PLU 6303 CA I 12.00 PM Onwards</p>	<p>22</p> <p>PLU6306 CA I (PPT) 9.00 AM Onwards</p> <p>PLU 3206 CA I (Group PPT) 9.00 AM Onward</p>	<p>23</p> <p>NBT EXAM Period END</p> <p>PLU 6307 DS 3 9.00 AM – 11.00 AM</p> <p>PLU 5306 DS 3 11.30 AM – 1.30 PM</p>	24
25	<p>26</p> <p>PLU 4302 DS 3 9.00 AM- 11.00 AM</p> <p>PLU 3301 DS 3 8.00 AM – 10.00 AM</p> <p>PLU 5305 DS 3 1.30 PM- 3.30 PM</p> <p>PLU 6303 DS 3 10.30 AM- 12.30 PM</p> <p>PLU 4310 DS 3 11.30 AM- 1.30 PM</p>	<p>27</p> <p>PLU 3205 DS 3 9.00 AM- 11.00 AM</p> <p>PLU 5309 DS 3 10.00AM- 12.00 NN</p> <p>PLU 4301 DS 3 1.00 PM- 3.00 PM</p>	<p>28</p> <p>PLU 4306 DS 3 11.30AM- 1.30 PM</p> <p>PLU 5303 DS 3 9.00 AM- 11.00 AM</p>	<p>29</p> <p>PLU 3303 DS 3 10.00 AM – 12.00 PM</p> <p>PLU 5301 DS 3 1.30 PM – 3.30 PM</p> <p>PLU 6310 DS 3 11.00 AM – 1.00 PM</p>	<p>30</p> <p>PLU 4304 DS 3 10.00AM- 12.00 NN</p> <p>PLU 5310 DS 3 1.00 PM- 3.00 PM</p>	31

February - 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Navam Full Moon Poya Day	2 PLU3307 DS 3 9.00 AM- 11.00 AM	3 PLU 3206 DS 3 10.00 AM -12.00 NN PLU 6306 DS 3 10.00 AM -12.00 NN PLU 5305 DS 4 1.00 PM – 3.00 PM	4 National Day	5 PLU 3303 DS 4 10.00 AM -12.00 NN PLU 4304 DS 4 1.00 PM – 3.00 PM PLU 5301 DS 4 9.00 AM – 11.00 AM	6 PLU 6307 DS 4 9.00 AM – 11.00 AM PLU 4301 DS 4 10.00 AM – 12.00NN PLU 5306 DS 4 1.00 PM – 3.00 PM	7
8	9 PLU 3301 DS 4 8.00 AM – 10.00 AM PLU 6303 DS 4 10.30 AM – 12.30 PM PLU 4306 DS 4 1.00 PM- 3.00 PM	10 PLU3307 DS 4 10.00 AM- 12.00 NN PLU 4310 DS 4 1.00 PM- 3.00 PM PLU 5310 DS 4 9.00 AM- 11.00 AM	11 PLU 5303 DS 4 10.00 AM- 12.00 NN PLU 4306 DS 5 1.00 PM- 3.00 PM	12 PLU 6310 DS 4 10.00 AM- 12.00 NN PLU 4310 DS 5 10.00 AM- 12.00 NN PLU 4302 DS 4 1.30 PM- 3.30 PM	13 PLU 4304 DS 5 1.00 PM- 3.00 PM PLU 5309 DS 4 9.00 AM- 11.00 AM	14

<p>15</p> <p>Mahasivarathri Day</p>	<p>16</p> <p>CA 2 Exam Period START</p> <p>PLU 3205 HA Before 4.00 PM</p> <p>PLU 5301 HA Before 4.00 PM</p> <p>PLU 6901 CA 2 Proposal Presentation 9.00 AM Onwards</p>	<p>17</p> <p>Final Examination Online Application Period – START</p> <p>PLU4304 HA Before 4.00 PM</p>	<p>18</p> <p>PLU 3303 HA Before 4.00 PM</p> <p>PLU 4301 HA Before 4.00 PM</p> <p>PLU 6306 HA Before 4.00 PM</p>	<p>19</p> <p>PLU 5305 HA Before 4.00 PM</p> <p>PLU 3307 HA Before 4.00 PM</p>	<p>20</p> <p>PLU 4306 HA Before 4.00 PM</p> <p>PLU 3301 HA Before 4.00 PM</p>	<p>21</p>
<p>22</p>	<p>23</p> <p>PLU 5306 HA Before 4.00 PM</p> <p>PLU 4310 HA Before 4.00 PM</p>	<p>24</p> <p>PLU 5303 HA Before 4.00 PM</p> <p>PLU3206 HA Before 4.00 PM</p>	<p>25</p> <p>PLU6307 HA Before 4.00 PM</p> <p>PLU6310 HA Before 4.00 PM</p>	<p>26</p> <p>PLU 5309 HA Before 4.00 PM</p> <p>PLU 5310 HA Before 4.00 PM</p>	<p>27</p> <p>PLU 6303 HA Before 4.00 PM</p> <p>PLU 4302 HA (Case Report) Before 4.00 PM</p>	<p>28</p>

March - 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Madin Full Moon Poya Day	3 CA 2 Exam Period END	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21 Eid al-Fitr Final Examination Online Application Period – END

22	23	24	25	26	27	28
					END of Academic Activities 2025/2026 Semester I	
29	30	31				
		Eligibility/ OCAM				

April - 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Bak Full Moon Poya Day Study Period - START	2	3 Good Friday	4
5	6	7	8	9	10	11
12	13 Sinhala and Tamil New Years's Eve	14 Sinhala and Tamil New Year Day	15	16	17	18

19	20 Study Period - END	21 Final Examination START	22 PLU 3301 FE 9.30 AM – 12.30 PM PLU 5301 FE 1.30 PM – 4.30 PM	23 PLU 4301 FE 9.30 AM – 12.30 PM PLU 6303 FE 1.30 PM – 4.30 PM	24 PLU 3303 FE 9.30 AM -12.30 PM PLU 5303 FE 1.30 PM – 4.30 PM	25
26	27	28 PLU 6307 FE 9.30 AM – 12.30 PM PLU 6310 FE 9.30 AM - 12.30 PM PLU 4302 FE 1.30 PM – 4.30 PM	29 PLU 5306 FE 9.30 AM – 12.30 PM PLU 3205 FE 1.30 PM – 3.30 PM	30 PLU 4306 FE 9.30 AM – 12.30 AM		

May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Vesak Full Moon Poya Day	2 Day after Vesak Full Moon Poya Day
3	4	5 Faculty Board PLU 4304 FE 9.30 AM – 12.30 PM	6 PLU 5305 FE 9.30 AM – 12.30 PM PLU 4310 FE 1.30 PM – 4.30 PM	7 PLU 3307 FE 9.30 AM – 12.30 PM PLU 5310 FE 1.30 PM – 4.30 PM PLU 5309 FE 1.30 PM – 4.30 PM	8	9
10	11	12	13 PLU 6901 Final Submission 9.00 AM Onwards	14 PLU 3206 Final Assessment (Online Submission) Before 4.00 PM PLU 6306 Final Assessment (Online Submission) Before 4.00 PM	15 Final Examination END	16

17	18	19	20	21	22	23
24	25	26	27	28 Eid-al-Adha	29	30 Adhi Poson Full Moon Poya Day
31						

