



Street Drama Competition

World Mental Health Day- 2023

Theme: “Mental Health is a universal human right.”

Introduction to Theme for World Mental Health Day 2023

Health is not merely the absence of disease, and all individuals have the right to the highest attainable standards of physical, mental. However, discrimination, harmful stereotypes, and stigma in the family, workplace as well as the community interrupt the development of healthy relationships, social interactions and inclusive environments needed for well-being of all members of the society, especially vulnerable individuals such as children, women, minorities, and displaced people. Above identified factors further aggravate individuals with mental health conditions and psychological disabilities, to have quality care access to full range of services. Consequently, research highlights that having a mentally ill person in the family increase the tendency to experience mental health problems and well-being among other members as well.

Objective of the competition

In line with this year's theme for the World Mental Health Day to promote and educate individuals' right to be protected from known risks to mental health, the Department of Psychology and Counselling along with the Counseling Unit & the Health Web Society, Faculty of Health sciences is organizing a street drama competition to commemorate the World Mental Health Day on the 10th of October 2023.

Themes

- Discrimination and harmful stereotypes on mental disorders
- Exclusion of individuals with psychological disorders and/or disabilities
- Burden of having family members with psychological disorders

Conditions for the competition

The competition is organized to celebrate the World Mental Health Day ,2023.

All students and the academic, non-academic staff members of the OUSL are invited to present their street dramas on the above topics.

If you wish to present your street drama, submit your synopsis of 250 words **on or before 25th September 2023** along with names of group members, registration no/ employee no, and contact number/s through. <https://docs.google.com/forms/d/1xMspZP6dj3OK1ISbC3enQ8an5Hh5KIHgFa5dokTwB8E/edit?ts=64fae1fd> to confirm your participation. Every team can have a maximum of ten members and a minimum of three.

Duration: 15 minutes

Venue: Faculty of Health Sciences, OUSL

Date: 11th October 2023

Street drama competitors can present their dramas on 11th October 2023 at the celebration event of the World Mental Health Day, at the premises of Faculty of Health Sciences. Winners will be judged and awarded at the celebration event.

JOIN US FOR AN ARTISTIC CELEBRATION OF THE WORLD MENTAL HEALTH DAY 2023!