



Posttraumatic Stress Disorder (PTSD) and War trauma in Sri Lanka

A new form of battle stress began in Sri Lanka mainly after 1983. Many Psychiatrists point out that the number of psychiatric illnesses has increased as a result of the Northern Conflict. For nearly three decades, Sri Lanka experienced a social calamity following an armed conflict and people were deeply traumatized. The echoes of the war trauma will affect Sri Lanka for generations. The combatants who experienced the war firsthand became profoundly affected by the physical and psychological consequences of the armed conflict. Many became the victims of the Palali syndrome. It narrates the psychological aftermath of the Eelam War in Sri Lanka. Even though the Eelam War is over combat trauma is still hounding Sri Lankan society rising as social violence, political violence, political extremism, criminal activities, domestic violence, suicides, homicides, alcohol and drug abuse, cruelty to children, and various other forms.

16th February 2023

Hybrid Session - 2:00 PM

@ Faculty Board Room, HSS & via zoom

Join Zoom Meeting

<https://learn.zoom.us/j/68362483123?pwd=dG9wZUpYOEhMS1g5KzNiNmpyKzNNUT09>

Session ID :- 683 6248 3123

Passcode :- M2%SuUy?

Moderator: **Dr. S. Pathmanesan**



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Dr. Ruwan M Jayatunge received his MD from Vinnytsia National Medical University Ukraine and studied Psychology at York University Canada. He worked as a Medical officer of Mental Health at the Ministry of Health in Sri Lanka. He worked for the Sri Lanka Army treating combatants with PTSD (Post-traumatic stress disorder). He became one of the pioneers to study the psycho-social effects of PTSD in Sri Lanka. Ruwan has written a number of books and published several research articles on PTSD.