



The Substance Abuse of Adolescents and Youth: The risk of Unintended Pregnancy and Mental Health Disorders

The use of illicit or illegal drugs or alcohol is as "Substance Use" and the counter of drugs or alcohol for purposes other than those for which they are meant to be used, or in excessive amounts simply defined as "Substance Abuse". Drug addiction became major public health and social problem in around the world. Sexual harassments, previous experience with drugs, peer pressure is some of the external environmental factors which were caused to drug addictions. Substance Abuse can lead to contracting HIV/AIDS, unplanned pregnancy, and risk of suffering from Mental health disorders such as Depression, anxiety etc. This research is to analyses trends and patterns of Substance abuse of Adolescents and Youth and thereby determining the causes and effects to the young generation emphasizing the unplanned pregnancy and mental health disorders. This research takes up a qualitative approach and to that it gathers the secondary data that assess the youth suffering from mental disorders due to substance abuse and girls ended up in unintended pregnancy. This concludes while giving some parental tips and recommendations to the youth.

Date & Time

9th of March 2022
2:00 PM via Zoom

Zoom Link

<https://learn.zoom.us/j/66674133266?pwd=d0lsNEh1UDFMV3p3bzg4MDYxeElhQT09>

Meeting ID: 666 7413 3266

Passcode: fWv16D&U

Moderator

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Ms. Hiruni Jayaratne is an Academic Coordinator in the Department of Language Studies of the Open University of Sri Lanka. Also, she is a journalist and researcher in Conflicts and Human Rights specializing Women and Girls Rights. Graduated in BA(SP) in International studies, second class upper division, University of Kelaniya, Sri Lanka. She has authored many commentaries and articles based on Women and Child rights in local newspapers (Daily Mirror, Sunday Observer, Daily Ft,) and Websites (Colombo Telegraph). She also an award winner and active member of International Model United Nations.